

CLUB RULES

1. General Rules

- 1.1 This Club shall be called the 'COVENTRY ROAD CLUB'.
- 1.2 The objects of the Club shall be to encourage the sport and pastime of cycling in all its phases.
- 1.3 The Honorary officers shall consist of: President (who shall hold office for one year, President Elect (who shall hold office the following year), Chairman, General Secretary, Racing Secretary, Treasurer, Membership Secretary, Social Co-ordinator, Runs Secretary, Press Secretary, Trophy Secretary, Four elected members.
 - 1.3.1 The Club shall be managed by a Committee consisting of: Chairman, General Secretary, Racing Secretary, Treasurer, Membership Secretary, Social Co-ordinator, Runs Secretary, Press Secretary, Four elected members.
 - 1.3.2 The Chairman shall be allowed a casting vote should the voting be equal.
 - 1.3.3 Any member of the Committee not attending three consecutive meetings shall, failing a reasonable excuse, lose his seat.
 - 1.3.4 The Committee shall have the power to fill any vacancy among the Officers and Committee during the year subject to confirmation of members at the next general meeting.
 - 1.3.5 Five members of the Committee shall form a quorum.
 - 1.3.6 Vice Presidents shall hold the position during their lifetime or until such time they decide to relinquish the position. They shall not be exempt from rule 1.10.
 - 1.3.7 The Honorary Officers - Vice Presidents excepted, shall be elected annually at the General Meeting.
- 1.4 The financial year shall end on 31st. January. The Committee shall have full control of the funds of the Club and all money shall be banked in the name of the Club.
 - 1.4.1 The Trustees shall consist of Chairman, Treasurer and two other members - two signatures for withdrawals.
- 1.5 Application for membership shall be accompanied by the subscription and shall be proposed and seconded by two club members and elected by the Committee. If not elected, the subscription shall be returned.
 - 1.5.1 Applications will not be considered from persons under 18 with-

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out the signed parental consent form.

- 1.5.2 Subscriptions of members joining during the last quarter of the financial year shall hold good throughout the following financial year.
- 1.5.3 Subscriptions shall become due on 1st. February and members not renewing their membership by 31st. March shall be excluded at the discretion of the Committee.
- 1.5.4 Subscription fees: 18 years and over £10.00: Under 18 years £5.00.
- 1.6 The Committee shall have the power to elect Life Members. All persons nominated for life membership must have completed at least five years unbroken service to the Club.
- 1.6.1 The Committee shall have the power to nominate Vice Presidents subject to confirmation of members at the next general meeting. All persons elected as Vice Presidents must have completed at least five years unbroken service to the Club.
- 1.7 An annual general meeting of the Club shall be held in November. Seven days notice of any general meeting shall be given by the secretary.
- 1.7.1 A special general meeting of the Club shall be convened by the secretary if so directed by the Committee or if so required in writing by no fewer than six members who, in their application shall state the object of such a general meeting.
- 1.7.2 The Treasurer shall give a statement of account up to and including the month prior to the annual general.
- 1.8 The Committee shall have the power to settle any dispute not provided for by these rules.
- 1.9 Associate members shall be entitled to take part in social events and receive club literature. They shall not be able to enter competition, hold office or vote at club meetings. The Committee shall determine who shall be an associate member.
- 1.9.1 Honorary membership may be granted at the discretion of the Committee. Such members shall be entitled to take part in social events and receive club literature. They shall not be able to enter competition, hold office or vote at club meetings.
- 1.10 The Committee shall have the power to expel members whom they consider to be guilty of unacceptable or unseemly conduct whilst associated with the Coventry Road Club at races Sunday runs and other social events. Such conduct to include disregard for the traffic laws and the Highway Code and repeated

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failure to comply with both the letter and the spirit of all rules, regulations and codes of conduct relating to such races, Sunday runs and other social events.

- 1.10.1 Before any final decision is made by the Committee the member/s concerned will be permitted to appear and state his/her/their case.
- 1.11 Any member or guest who joins an official club run is required to ride a machine which is in a roadworthy condition.
- 1.12 Members belonging to clubs affiliated to the Midland District Council of the CTT are not eligible for second claim membership.
- 1.13 The committee is empowered to update these rules in line with any name changes of organisations without having to gain approval of such changes at general meeting.
- 1.14 Other than the exceptions stated in 1.13 and 3.1, rules shall not be altered except at a general meeting. Twenty one days notice of any proposed alteration shall be given to the General Secretary who shall give seven days notice of such alteration to all club members.

2. **Racing Rules**

- 2.1 Rules governing road time trials shall be those recommended by the Cycling Time Trials. Rules governing track and road races shall be those recommended by the British Cycling.
- 2.2 No entrant shall be accepted unless their current fees have been paid.
- 2.3 For the purposes of these rules, Club events are defined as handicapped time trial events with prize awards, other than training and open events, and for which prior entry must be made.
 - 2.3.1 All entries for Club events must be submitted to the Racing Secretary at least seven days before the event.
 - 2.3.2 The results of all Club events shall be passed by the at the next meeting after the event.
 - 2.3.3 Where under 4 entries are received the event will still be held but no prizes will be awarded.
 - 2.3.4 No private trials will be given to Club members in Club events.
 - 2.3.5 The number of prizes given shall be determined by the number

of entries as follows:

- 4 to 15 entries - 1 handicap and 1 fastest
- 16 to 20 entries - 2 handicap and 1 fastest
- 21 to 25 entries - 2 handicap and 2 fastest
- 26 to 30 entries - 3 handicap and 2 fastest
- Over 30 entries - 3 handicap and 3 fastest

2.3.6 Prize values for Club events are allocated at the end of the season.

2.4 The championship time trial competitions shall be held each year as follows:

- Mens BAR championship: (best ave. speed over 50, 100 miles & 12 hr).
 - Ladies BAR championship: (best ave. speed over 25, 50 and 100 miles).
 - Veterans BAR championship: (best ave. speed over 25, 50, 100 miles and 12 hr. on standard).
 - Mens time trial championship: (best ave. speed over 25, 50 and 100 miles).
 - Ladies time trial championship: (best ave. speed over 10, 25 and 50 miles).
 - Lady veterans championship: (best ave. speed over 25, 50 and 100 miles).
 - Junior time trial championship: (best ave. speed over one 10 and two 25 miles).
 - Juvenile time trial championship: (best ave. speed over two 10 miles).
 - Senior short distance time trial championship: (best ave. speed over 2 x 10's and 2 x 25's)
 - Veterans short distance time trial championship: (best ave. standard plus over 2 x 10's and 2 x 25's)
 - Ladies short distance time trial championship: (best ave. speed over 2 x 10's and 2 x 25's)
- 2.4.1 Only performances made in Club, association or open events in the Coventry Road Club name shall qualify for championships.
- 2.5 The Club track championships shall be organised as recommended by the Committee and held each year as follows:
- Senior sprint championship
 - Senior pursuit championship

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- Ladies sprint championship
 - Junior sprint championship
 - Junior pursuit championship
 - Juvenile pursuit championship
 - Juvenile sprint championship
- 2.5.1 All entries shall be made on the standard Club entry form.
- 2.5.2 All entrants shall receive at least three days notice of each tie which must specify place, date and time of tie.
- 2.5.3 The senior, ladies and junior sprint championship shall be decided by two-up heats. The pairing of riders shall be made by seeding, the winners going forward to the next round.
- 2.5.4 The senior pursuit championship shall be run over a distance of 4000 metres and the junior pursuit over a distance of two miles.
- 2.5.5 A qualifying round shall be run as a time trial with the fastest eight riders proceeding to the championship proper. All rides in the qualifying round must take place on the same day. The remaining rounds to be decided by a draw - fastest riders drawn against the slowest in each round.
- 2.5.6 In the case of a mechanical fault or puncture a re-run shall be awarded and at least 15 minutes shall elapse before the riders ride again.
- 2.5.7 The person promoting these championships shall have the power to settle any dispute not provided for by these rules.
- 2.5.8 If less than four entries are received for the track championships the event will not be held.
- 2.5.9 Should there not be enough entries to run the championships the committee shall award at their discretion, the championships and trophies to club members competing in similar official open events.
- 2.6 The following championships shall be contested in single events each year as determined by the Committee:
- Senior cyclo-cross championship
 - Junior cyclo-cross championship
 - Juvenile cyclo-cross championship
 - Veteran cyclo-cross championship
 - Senior road race championship
 - Junior road race championship
 - Juvenile closed circuit championship
 - 3rd / 4th category road race championship

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- Veterans road race championship
- 2.7 A club medal will be awarded to all winners and runners-up in club championships.
- 2.8 Any championship award may be withheld at the recommendation of the Committee.
- 2.9 The handicap plaque shall be awarded to the male rider gaining the highest number of points in nominated Club events.
- 2.9.1 The Ladies handicap plaque shall be awarded to the lady rider gaining the highest number of points in nominated Club events.
- 2.10 Only first claim members of the Club can compete for Club trophies but second claim members may compete in the same event for fastest and handicap prizes.
- 2.10.1 For the purposes of these Rules a plaque shall not be deemed to be a trophy.
- 2.11 Any competitor winning a cup on three consecutive years (excluding championship events) will be awarded a club medal recording the details.
- 2.12 All contenders for Club championships and trophies must submit their times/performances in writing with proof where applicable to the Racing Secretary by 21st October each year. Once claims are submitted they may be updated in writing up to and including the closing date.
- 2.12.1 No claims submitted after the above date will be considered. Events promoted up to and including the closing date shall be eligible.
- 2.12.2 It is the responsibility of the member submitting the claim to obtain written evidence from the event organiser.
- 2.12.3 Once claims are submitted they may be updated in writing up to and including the closing date.
- 2.13 Competition records are the fastest times recorded by members whilst competing against other riders in club, association, semi-open or open events.
- 2.13.1 A claim must be submitted in writing before 31st October of the current year. A result sheet must be produced.
- 2.13.2 Club medals are given to all riders beating, or establishing a Club competition record.
- 2.13.3 In the case of a rider breaking a competition record more than once at the same distance during any one season, they would receive only one medal which records the fastest ride. The rest of the record breaking rides at that distance will be recorded by

- certificates.
- 2.14 A record book of all club records shall be kept and updated each year.
- 2.15 Any open event promoted or organised on behalf of the Club shall carry a minimum prize list to be decided between the organiser and the Club.
- 2.16 10 mile training league plaques are awarded as follows:
- Seniors - best average speed over five training events.
 - Ladies - best average speed over five training events.
 - Juniors - best average speed over five training events.
 - Juveniles - best average speed over three training events.
 - Veterans (as defined by VTTA) - best average standard plus over five events.
- 2.16.1 Enter on line for all training events.

3. **Road Record Attempts Rules**

- 3.1 At least 4 weeks advanced notice of a proposed ride must be given, enabling the Racing Secretary (or delegated member) to review and update the rules appropriate to the record attempt. The committee shall be empowered to approve these temporary rules without calling a general meeting. The temporary rules will be presented for ratification at the next general meeting but any changes made at general meeting will not be retrospective and results of record attempts made under the temporary rules will stand.
- 3.1.1 The advanced notice shall be accompanied by the entrance fee (£1.00) for the proposed ride shall be given to the Racing Secretary. The Secretary must notify the holder of any attempt on their record.
- 3.1.2 A rider shall state in his entry, name of timekeeper, course, time of start and date. In the case of tandems both riders shall pay the entrance fee.
- 3.2 If the timekeeper certifies that the rider actually started on a ride, the entrance fee shall be forfeited. If the rider does not start he may postpone the attempt without forfeiting the entrance fee, but shall give three days notice of each further attempt.
- 3.2.1 The ride must be made within six months of the first notice.

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- 3.3 The rider shall be responsible for obtaining checks at each turning point of the ride, and a claim together with checking sheet shall be sent to the Racing Secretary within fourteen days of the ride.
- 3.4 These claims to be passed by the Committee at their next meeting.
- 3.5 Should more than one rider attempt a record on the same day and course, the following intervals shall elapse between riders:

Mens record attempts

- 25 miles: 10 mins.
- 50 miles: 15 mins.
- 100 miles: 30 mins.
- 12 Hours: 60 mins.
- Coventry - Lichfield and back: 15 mins.
- Coventry - Oxford and back: 30 mins.
- Coventry - London and back: 60 mins.

Ladies and Junior record attempts

- Coventry - Dunchurch and back: 10 mins.
- Coventry - Daventry and back: 15 mins.
- Coventry - Stratford and back: 15 mins.
- Coventry - Leicester and back: 20 mins.
- Coventry - Banbury and back: 20 mins.

- 3.5.1 The rider sending in the first entry shall have the choice of start.
- 3.6 The course used for attempts on records shall reach or pass within the radius of 25 miles from the City centre (Broadgate) and no ground shall be covered more than twice.
- 3.7 The turning points for mens place-to-place records are shown as follows:
 - Coventry - Lichfield and back: Alvis bridge and Lichfield city station
 - Coventry - Oxford & back: London road bridge and Woodstock fork
 - Coventry - London & back: London Road bridge & Highgate archway.
- 3.7.1 The turning point for ladies and juniors place-to-place records are as follows:

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Coventry - Stratford and back: Spencer road and B'ham road island.

Coventry - Banbury and back: London road bridge and Banbury Cross.

Coventry - Daventry and back: London road bridge and Southam cross roads on Daventry by-pass

Coventry - Dunchurch & back: London Road bridge and Dunchurch stocks.

Coventry - Leicester & back: Wyken Pippin hotel and Sports Corner

- 3.8 The Committee can reject any claim to a record if these rules are not strictly adhered to.
- 3.8.1 Any member can appeal against the decision of the Committee at the next General Meeting providing they inform the racing secretary of their intention to appeal within fourteen days of the decision reached by the Committee.
- 3.9 A rider shall ride alone and shall not be preceded by any mounted helper in sight. Followers must not approach within 100 yards or coach by any audible signals whilst riding except that a timekeeper may pass to time the finish, and a following vehicle carrying an official observer may pass for the purpose of feeding and/or marshalling.
- 3.10 If a motor vehicle be used for following it shall carry an official observer approved by the general or racing secretary.
- 3.11 Road racing costume must be worn and riders must start at the appointed time.
- 3.12 Any rider may make an attempt on one or more records at the same time provided the rules governing each ride have been complied with.
- 3.12.1 Each record attempted under this rule shall be entered for and considered separately in all respects, but where practicable the same checkers and/or timekeepers may be used.
- 3.13 The Committee may reject any ride when they consider that the interest of the sport would be injured.

4. Track Record Attempt Rules

- 4.1 At least seven days notice shall be given in writing to the racing secretary of the record to be attacked. The racing secretary shall notify the holder of any subsequent attack on his/her record.
- 4.1.1 The rider shall state on the entry, which shall be accompanied by the appropriate fee, the officials responsible for checking the attempt.
- 4.2 No claim shall be considered by the Committee unless the ride has been made in the presence of a Club timekeeper and an official observer appointed by the racing secretary.
- 4.2.1 In respect of the 1 hour record, the services of two approved lap recorders shall be used. These officials shall certify the particulars of the claim.
- 4.3 Claims shall be made in writing, countersigned by the observer and timekeeper and lodged with the racing secretary within 14 days of the attempt, and will be considered by the Committee at their next meeting.
- 4.4 If the observer certifies that the rider actually started on the attempt, the entry fee shall be forfeited. If the rider does not start he may postpone the attempt without forfeiting the fee, but shall give seven days notice of any subsequent attempt.
- 4.4.1 The ride shall be made during the same season in which the original notice was lodged.
- 4.5 In the event of more than one rider lodging a notice of an attempt on a record, the rider submitting the first notice shall have the choice of time of start.
- 4.6 The fee for attempting records shall be £1.00 for each attempt.
- 4.7 In the case of the team pursuit record, each rider shall pay the fee.
- 4.7.1 The time of the team shall be the time of the third man to cross the finishing line.
- 4.8 During record attempts the track shall be cleared to the satisfaction of the official observer.
- 4.9 The cycle shall be examined by the official observer before the attempt to ensure that it is in trackworthy condition.
- 4.10 In all attempts on standing start records the rider shall be allowed an attendant to push him off, but the latter shall keep both feet behind the line from which the rider actually starts.

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- 4.11 In all attempts on records, the rider shall start from a point not more than one yard from the inside edge of the track.
- 4.11.1 In all attempts on flying start records, the rider during his preliminary winding up shall remain all the time within one yard of the inside of the edge of the track.
- 4.12 In the event of mechanical breakdowns, restarts shall be allowed on the same day at the discretion of the official observer.
- 4.13 The Committee can reject any claim to a record if the above rules are not strictly adhered to.
- 4.13.1 Any member can appeal against the decision of the Committee at the next General Meeting providing they inform the racing secretary of their intention to appeal within fourteen days of the decision reached by the Committee.