



COVENTRY ROAD CLUB

CYCLING FOR SPORT AND LEISURE

Founded 1929 - Affiliated to BC CTC CTT RRA BC-CA MC-CA MRRA BSCA

NEWS BRIEF

May 2011

New Members

We would like to welcome the new members that have joined the club since our last News Brief, Jason Wilkinson, Eric Thomas, Andy Fogg, Jonathan Coe and Alec Ross.

Sports Nutrition Presentation

Thomas Barnden (BSc. MSc. Anutr) of the Lucozade Sport Science Team will be giving a presentation/workshop on sports nutrition to Coventry Road Club members and guests at St Barbara's church hall, Earlsdon on 27th May. If you wish to attend please arrive in time for a 7.30pm sharp start. It is a free-of-charge event with Tom volunteering his time and the club picking up the fee for the hall hire.

First Aid Course

The West Midlands Region of the British Cycling are holding a First Aid Course at Eastern Green Village Hall on the 28th of May, it's free-of-charge to B.C. Members and £35 to non-members. Interested? Contact the organiser John Crawford to book a place, email address john.crawford42@btinternet.com or telephone 01789 400032.

Road Race for 2012

The Committee have been reviewing potential events to organise for 2012 and, as early season road races are regularly over-subscribed, it is considered that such an event could be very successful and would be beneficial to local cycling. The initial thoughts are a 2nd, 3rd & 4th Cat. event on the Fillongly circuit but we need organisers! Rather than looking to the over-burdened regular event organisers, a small team is envisaged and we need volunteers. If this is something that you would be interested in please contact our Chairman Dave Miller on 02476 712420. Organising 2012 events may sound a long way away but we do need to get the event scheduled in to the British Cycling so volunteers are required ASAP. Without organisers it can't happen so please let's avoid the usual no response.

Café of the Year Award

The committee are considering a proposal to create a 'café of the year award' and it was agreed to ask members for their views via the News Brief and the forum before deciding whether or not to go ahead.

The purpose of having such an award would be to engage all club members in something light hearted and positive. A quality framed certificate would be presented to the winner, giving them recognition for the café and strengthening the relationship with cycling whilst providing a long term advert for the club. There's also the possibly press publicity for the café and the club when the certificate is presented.

Would this be worthwhile? Feedback to Peter Delves please, peter@delves.co.uk or 01926 856746

Club Runs

The club runs list for 1st May through to 17th July is attached.